

SOAP Note Sample

The following is an example of a targeted history written in SOAP format. Please note the distinction between (S)ubjective and (O)bjective findings - and which data belongs in which heading. Note difference between the data in HPI and then data in ROS.

S: >HID: 56 yo widowed white woman who works as a waitress in general good health.

CC: "Burning feeling in stomach"

HPI (history of present illness): Burning in stomach that started 2 mos. ago. Discomfort occurs mainly at night. Associated with nausea and bloating. Denies vomiting. Turns and Mylanta help occasionally. Burning takes all night to go away other times, making it hard to sleep. Denies indigestion. Has had indigestion and it is not the same feeling. Spicy food makes discomfort worse. Denies recent travel, recent infection, regurgance of food, diarrhea, rectal bleeding, black stools, or chest pain. Continues with same bowel habits. No recent weight changes.

PMH: Chole. in '89, C. section in '76 & '78, & plastic surgery for ear tear from fall in '93.

FH: mother died @ 71 - MI

father died @ 76 - lung Ca

sister 59 - Type 1 DM & HTN

sister 61 - HTN

brother 57 - Type 2 DM

Habits: Denies smoking, drinking, drug use, exercises 3x/week

Medications: None (prescription or OTC).

Allergies: NKDA, no environmental, food,

ROS:

GI: Has brown, soft, formed stool once per day. Denies vomiting, indigestion, belching, pain, appetite changes, jaundice, swelling, tenderness, diarrhea, constipation, flatulation, rectal pain, hemorrhoids, rectal bleeding. Denies changes in bowel habits, infections, difficulty swallowing or chewing, or recent travel.

O: Physical Exam:

Example Soap Note For Constipation

Peter Kaye



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McCurnin's Clinical Textbook for Veterinary Technicians - E-Book Joanna M. Bassert,2014-10-20 McCurnin s Clinical Textbook for Veterinary Technicians E Book **Writing Patient/Client Notes** Ginge Kettenbach,Sarah Lynn Schlomer,Jill Fitzgerald,2016-05-11 Develop all of the skills you need to write clear concise and defensible patient client care notes using a variety of tools including SOAP notes This is the ideal resource for any health care professional needing to learn or improve their skills with simple straight forward explanations of the hows and whys of documentation It also keeps pace with the changes in Physical Therapy practice today emphasizing the Patient Client Management and WHO s ICF model

Kozier & Erb's Fundamentals of Nursing Australian Edition Audry Berman,Shirlee J. Snyder,Barbara Kozier,Glenora Lea Erb,Tracy Levett-Jones,Trudy Dwyer,Majella Hales,Nichole Harvey,Lorna Moxham,Tanya Park,Barbara Parker,Kerry Reid-Searl,David Stanley,2014-12-01 Kozier and Erb s Fundamentals of Nursing prepares students for practice in a range of diverse clinical settings and help them understand what it means to be a competent professional nurse in the twenty first century This third Australian edition has once again undergone a rigorous review and writing process Contemporary changes in the regulation of nursing are reflected in the chapters and the third edition continues to focus on the three core philosophies Person centred care critical thinking and clinical reasoning and cultural safety Students will develop the knowledge critical thinking and clinical reasoning skills to deliver care for their patients in ways that signify respect acceptance empathy connectedness cultural sensitivity and genuine concern **Fundamental Nursing Care** Roberta Pavy Ramont,Dolores Maldonado Niedringhaus,2004 For courses in Fundamentals of Nursing LPN LVN Part of the Prentice Hall LPN LVN specific series Looking at the practice of nursing from the LPN LVN point of view this streamlined but comprehensive text explains to students what they need to know and do in order to deliver safe and effective nursing care in a variety of settings and functions It focuses on the information and essential skills that will help ensure clinical and NCLEX PN test taking success as well as addresses the LPN LVN scope of practice and relationship to the registered nurse

Essentials of Medical-surgical Nursing Barbara C. Long,Wilma J. Phipps,1985 **Seidel's Guide to Physical Examination - E-Book** Jane W. Ball,Joyce E. Dains,John A. Flynn,Barry S. Solomon,Rosalyn W. Stewart,2014-02-01 Seidel s Guide to Physical Examination is a comprehensive textbook of physical examination history taking and health assessment with a unique emphasis on differential diagnosis and variations across the lifespan The book conveys a uniquely compassionate patient centered approach to physical examination with a strong evidence based foundation Evidence Based Practice in Physical Examination boxes supply you with current data on the most effective techniques for delivering quality patient care Clinical Pearls lend insights and clinical expertise to help you develop clinical judgment skills Functional Assessment boxes present a more holistic approach to patient care that extends beyond the physical exam to patients functional ability Staying Well boxes focus you on patient wellness and health promotion Risk Factor boxes provide

opportunities for patient teaching or genetic testing for a variety of conditions Differential diagnosis content offers you an understanding of how disease presentations vary and specific information for how to make diagnoses from similar abnormal findings Abnormal Findings tables equip you with a quick illustrated reference that allows for comparisons of various abnormalities along with key symptoms and underlying pathophysiology Sample Documentation boxes clarify appropriate professional language for the process of recording patient assessment data NEW Advance Practice Skills highlighted throughout text makes identification and reference easier for students NEW Updated content throughout provides you with cutting edge research and a strong evidence based approach to care NEW Vital Signs and Pain Assessment Chapter groups important foundational tasks together for easy reference in one location NEW Improve readability ensures content remains clear straightforward and easy to understand NEW Updated illustrations and photographs enhances visual appeal and clarifies anatomic concepts and exam techniques **Total Patient Care** Gail A. Harkness, Judith R. Dincher, 1992

Pharmacotherapy Casebook Terry L. Schwinghammer, Julia M. Koehler, 2011-08-05 More than 150 cases help you develop the problem solving and decision making skills necessary to succeed in real world clinical practice Pharmacotherapy Casebook provides the case studies you need to learn how to identify and resolve drug therapy problems you re most likely to encounter in real world practice This new edition is packed with 157 patient cases and makes the ideal study companion to the eighth edition of DiPiro s Pharmacotherapy A Pathophysiologic Approach The case chapters in this book are organized into organ system sections that correspond to those of the DiPiro textbook By reading the relevant chapters in Pharmacotherapy A Pathophysiologic Approach you will be able to familiarize yourself with the pathophysiology and pharmacology of each disease state included in this casebook Everything you need to develop expertise in pharmacotherapy decision making Realistic patient presentations include medical history physical examination and laboratory data followed by a series of questions using a systematic problem solving approach Compelling range of cases from the uncomplicated a single disease state to the complex multiple disease states and drug related problems Diverse authorship from more than 190 clinicians from nearly 100 institutions Coverage that integrates the biomedical and pharmaceutical sciences with therapeutics Appendices containing valuable information on pharmacy abbreviations laboratory tests mathematical conversion factors anthropometrics and complementary and alternative therapies **Notes on Symptom Control in Hospice & Palliative Care** Peter Kaye, 1990 Dame Cicely Saunders founder and president of St Christopher s Hospice in London 1967 shares her vision of hospice and palliative care and discusses lessons to be learned from the dying **Home Medicine** J. K. Crellin, 1994 John Crellin assesses popular home remedies from amulets to Zam Buk ointment revealing traditional often ingenious ways of coping with common health problems Home Medicine is both a comprehensive reference to folk cures and self treatment and a social history of pharmaceutical practices and products in Newfoundland British National Formulary British Medical Association, 1989 **British National Formulary (1988)**. British Medical

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Journal of the American Medical Association ,1891 **Transactions of the Pharmaceutical Meetings** ,1911
Nursing Notes ,1904 **Pharmacotherapy Casebook: A Patient-Focused Approach, 10/E** Terry L. Schwinghammer,2017-06-22 More than 150 patient cases teach you how to apply the principles of pharmacotherapy to real world clinical practice The essential study companion to DiPiro s Pharmacotherapy A Pathophysiologic Approach 10th Edition Pharmacotherapy Casebook A Patient Focused Approach uses 157 patient cases to help you develop the skills necessary to identify and resolve the most common drug therapy problems encountered in daily clinical practice The case chapters are organized into organ system sections that correspond to those of the companion textbook This proven effective case based approach makes the book perfect for PharmD Nursing Nurse Practitioner and other allied health courses Sharpen your ability to Identify actual or potential drug therapy problems Determine the desired therapeutic outcome Evaluate therapeutic alternatives Design an optimal individualized pharmacotherapeutic plan Develop methods to evaluate the therapeutic outcome Provide patient education Communicate and the implement the pharmacotherapeutic plan Develop expertise in pharmacotherapy decision making with Realistic patient presentations that include medical history physical examination and laboratory data followed by a series of questions using a systematic problem solving approach A compelling range of cases from a single disease state to multiple disease states and drug related problems Expert coverage that integrates the biomedical and pharmaceutical sciences with therapeutics Appendices containing valuable information on medical abbreviations laboratory tests mathematical conversion factors and anthropometrics **The Ohio State Medical Journal** ,1911 **The Pharmaceutical Journal and Pharmacist** ,1911 **The Homestead** ,1919

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weniger kalorien zu essen eine effektive gewichtsabnahme beinhaltet auch strategien zur beschleunigung des stoffwechsels hier sind acht einfache methoden wie du deinen stoffwechsel beschleunigen kannst und

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weil da der anabole stoffwechsel für die synthese von eiweißen verantwortlich ist spielt dieser prozess auch beim muskelaufbau eine entscheidende rolle wenn du deinem körper ausreichend muskeltreibstoff in form von proteinen zur verfügung stellst kannst du effektiv muskeln aufbauen