

Contemporary Endocrinology
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Endocrinology of Physical Activity and Sport

Second Edition



Humana Press

Endocrinology Of Physical Activity And Sport Second Edition Contemporary Endocrinology

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Endocrinology of Physical Activity and Sport Naama Constantini,Anthony C Hackney,2013-03-13 Understanding the influence and interaction between physical activity and the endocrine system are of paramount importance in dealing with a multitude of health problems In **Endocrinology of Physical Activity and Sport** renowned physicians and researchers provide a comprehensive and expanded update on the scientific clinical and practical components of endocrinology as related to sport and exercise The authors thoroughly review what is known about how such activity effects the endocrine system and how in turn these hormonal responses affect many other organs and systems of the body In addition aspects of endocrinology in non glandular tissue which have endocrine actions are addressed for example adipocytes and the release of leptin and related adipocytokines Further a wide range of clinically related topics such as athletic amenorrhea osteopenia sarcopenia and hypogonadism are included This new edition critically integrates what is known about the complex interaction of the endocrine system in the sports context and will again prove immensely valuable to all physicians and clinical investigators treating those active in sports today **Endocrinology of Physical Activity and Sport** Anthony C. Hackney,Naama W. Constantini,2020-02-26 Now in its fully revised and expanded third edition this comprehensive text represents a compilation of the critical endocrinology topics in the areas of sports medicine kinesiology and exercise science written by leading experts in the field As in previous editions the focus here is on the critical issues involved in understanding human endocrinology and hormonal workings with regards to physical activity exercise and sport and how such workings impact the full range of medical conditions overall health and physiological adaptation Chapters included discuss the effect of exercise on the HPA axis the GH IGF 1 axis thyroid function diabetes and the male and female reproductive systems among other topics Additional chapters present the current evidence on circadian endocrine physiology exercise in older adults exercise and hormone regulation in weight control and the effects of overtraining in sports Chapters brand new to this edition present the role of hormones in muscle hypertrophy the effect of exercise on hormones in metabolic syndrome patients how exercise impacts appetite regulating hormones in clinical populations and the relative energy deficiency in sport RED S condition

Williams Textbook of Endocrinology E-Book Shlomo Melmed,Kenneth S. Polonsky,P. Reed Larsen,Henry M. Kronenberg,2015-11-11 For more than 65 years Williams Textbook of Endocrinology has been the gold standard in the field delivering authoritative guidance on every aspect of adult and pediatric endocrine system disorders The 13th Edition has been thoroughly updated by Drs Shlomo Melmed Kenneth S Polonsky P Reed Larsen and Henry M Kronenberg to bring you state of the art coverage of diabetes metabolic syndrome obesity thyroid disease testicular disorders and much more all designed to help you provide optimal care to every patient Bridging the gap between basic science and clinical information it is an essential relevant resource for endocrinologists endocrine surgeons gynecologists internists and pediatricians any clinician who needs the most reliable coverage available on the diverse features across the spectrum of endocrine disease

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Sports Endocrinology Michelle P. Warren, Naama W. Constantini, 2000-05-01 Since the observation in the 19th century that an extract of the suprarenal bodies injected into the circulation caused a rise in blood pressure the endocrine system has become a major component in our understanding of human physiology The introduction of radioimmunoassay techniques and the ability to measure minimal amounts of hormones a term derived from the Greek to excite have shown that acute exercise causes a release of a large number of hormones and that chronic exercise may further lead to long term alterations in endocrine homeostasis Actually almost every organ and system in the body is affected by physical activity and exercise much of it through the endocrine and neuroendocrine system Investigation of the effect of acute or chronic physical activity on the endocrine system is a complex matter since the stimulus called exercise has many components such as mode intensity duration and others In addition several other factors such as age gender training status body temperature circadian rhythm metabolic state menstrual cycle and various external conditions as well as psychological factors can modify the effect of physical activity on hormonal secretion Moreover the physiological stimulus of exercise often provokes several and parallel cascades of biochemical and endocrine changes It is therefore often extremely difficult to distinguish between primary and secondary events and between cause and effect These limitations will be discussed in Chapter 1 **The Endocrine System in Sports and Exercise** William J. Kraemer, A. D. Rogol, 2008-04-15 This valuable new addition to the Encyclopaedia of Sports Medicine series provides a comprehensive and logical look at the principles and mechanisms of endocrinology as related to sports and exercise It looks at growth hormone factors involved in exercise and the endocrinology of sport competition It considers various factors and stresses on the body that may alter sporting performance It covers topics from the acute responses and chronic adaptations of the human endocrine system to the muscular activity involved in conditioning exercise physical labor and sport activities This book is an essential reference for helping to plan better programs of physical

fitness to prepare for sports competitions and to manage the medical care of athletes **Medical and Health Care Books and Serials in Print** ,1997 **Medical Books and Serials in Print** ,1984 New Perspectives on the Endocrinology of Physical Activity and Sport Claudio E. Kater, Flavio Adsuará Cadegiani, Kathryn E. Ackerman, Katia Collomp, 2021-11-02

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Medical Books and Serials in Print, 1979 R. R. Bowker LLC, 1979-05 *Sex Hormones, Exercise and Women* Anthony C. Hackney, 2023-05-31 Now in a revised and expanded second edition including seven brand new chapters this book compiles and synthesizes the latest research and clinical evidence regarding the intricate relationship between sex hormones and the physical activity level and overall health of the female endocrine system across the lifespan Expert authors from around the world discuss in detail the impact of sex hormones on energy metabolism cardiorespiratory system nervous system and musculoskeletal health as well as environmental and psychological factors affecting exercise and sexual health Considerations of the hormonal and physiological changes to the menstrual cycle and in menopause due to exercise receive chapters of their own New to this edition are discussions of pregnancy menopause aerobic endurance training the transgender athlete sports performance and the future of sports and exercise science relating to the active female Covering a hot topic in sports medicine and science *Sex Hormones Exercise and Women Second Edition* will be of interest to researchers clinicians exercise scientists and residents and fellows in these areas

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