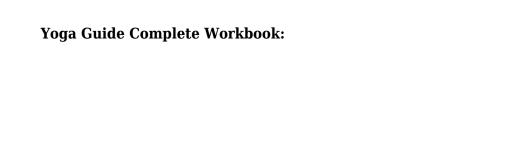
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A practical approach to healing common ailments with yoga

Yoga Guide Complete Workbook

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