

# Dodgeball Skills Circuit



The activities below cover a range of dodgeball skills, such as dodging, throwing, and catching. The activities can be used in a skills circuit or in isolation.

## Practice dodging with a game of All Tag!

- Everyone is a tagger and can also be tagged.
- Players start with ten points.
- If they tag another player, they gain two points.
- If they get tagged, they lose one point.
- Play for a set amount of time.



## Practice throwing with a game called Best the Bogyman!

Children work in pairs and will need a ball and two cones between them. They must decide on who will be the bogyman and who will be the thrower.

Position the cones roughly ten apart, for each person to stand by.

On the signal, the bogyman shuffles slowly towards the thrower.

The thrower must try to hit the bogyman four times with the ball before they reach them - on both arms and both legs. The thrower retrieves the ball after each throw and returns to their cone before throwing.

The bogyman and thrower swap over and repeat the game.

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## Practice your throwing and catching skills with a game of Best the Bogyman!

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# Dodge Ball Lesson Plans

**Gertrude M. Baker, Florence M.  
Warnock, Grace D. Christensen**



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Lesson plans for physical education including climbing walls lacross in line skating Includes 2 Copies of CD in Carousel 17 and 21

**Dynamic Physical Education for Elementary School Children** Victor Paul Dauer, Robert P. Pangrazi, 1986  
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**Moving and Learning Lesson Plan Manual** Beverly Nichols, 1990

*Primary Plans* ,1912

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**Theory and Practice of Educational Gymnastics for Junior High Schools** William Albin Stecher, 1918

**Introduction to Physical Education** Jackson Roger Sharman, 1934

**Middle School Physical Education** ,2002 A three year physical education program integrating cross curricular targets unique to the middle school student

*Physical Education Hand Book, the Loose Leaf Plan* A. P. Way, 1923

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*Manitoba School Journal* ,1949

*The National Elementary Principal* ,1934 Beginning with v 2 includes the Yearbook of the Dept of Elementary School Principals of the National Education Association of the United States and beginning with v 34 includes the department s Membership directory and annual report

*Journal of Health, Physical Education, Recreation* ,1938

**THE SENIOR R.O.T.C. MANUAL VOLUME 1** ,1947

**Educator's Guide to Free Health, Physical Education & Recreation Materials, 2003-2004** Educators, 2003

Yearbook National Education Association of the United States. Dept. of Elementary School Principals, 1935

*Graded Lessons in Fundamentals of Physical Education* Gertrude M. Baker, Florence M. Warnock, Grace D. Christensen, 1938

The Classroom Teacher Milo Burdette Hillegas, Thomas Henry Briggs, 1929

*Memoirs of a Substitute Teacher* Paul Kritzeck, 2014-01-14 Over the course of being employed as a substitute teacher the author compiled a collection of classroom escapades and antics and bound them into his memoir Inside the reader will come across a well balanced book consisting of humorous episodes along with a peppering of frustrating scenarios that emerged on any given day One occurrence was when two kids tried to crush a trapped classmate between the wall and the piano they used as a wedge Or when two brave nerds targeted a jock during dodgeball only the letterman wound up taking both out in the span of two seconds Also the reaction the author received from a seventh grade class when he introduced them to his collection of Garbage Pail Kids collector cards

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