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Good Money: Understand your choices. Boost your financial wellbeing. Nathalie Spencer, 2018-10-11 Using a unique visual approach Nathalie Spencer uncovers the science behind how we think about use and manage money to guide you to a wiser and more enjoyable relationship with your finances From examining how cashless transactions affect our spending and decoding the principles of why a bargain draws you in through to exposing what it really means to be an effective forecaster Good Money reveals how you can be motivated to be better with money and provides you with essential tools to boost your financial well being At BUILD BECOME we believe in building knowledge that helps you navigate your world Our books help you make sense of the changing world around you by taking you from concept to real life application through 20 accessible lessons designed to make you think Create your library of knowledge Find out about other BUILD BECOME titles at the BUILD BECOME Amazon store and follow us at buildbecome com buildbecome Plan Jay Lombard, Carl Germano, 1997 Using the latest research a leading neurologist and renowned nutritional scientist show readers how the foods they eat combined with over the counter nutritional supplements not only successfully address both the symptoms and root causes of neurological diseases but also enhance health Interactive Storytelling John T. Murray, María Cecilia Reyes, 2024-12-18 This two volume set LNCS 15467 and LNCS 15468 constitutes the refereed proceedings of the 17th International Conference on Interactive Digital Storytelling ICIDS 2024 held in Barranguilla Colombia during December 2 6 2024 The 21 full papers 9 short papers and 11 Late Breaking Works presented here were carefully reviewed and selected from 75 submissions. The papers presented in these two volumes are organized under the following topical sections Part I Theory History and Foundations Social and Cultural Contexts Interactive Narrative Design Applications and Case Studies Part II Virtual Worlds Performance Games and Play Tools and Systems Late Breaking Works

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all declared that Canada is in the grip of an obesity epidemic Conceptualizing obesity as a biological condition these experts insist that it needs to be prevented and managed Obesity in Canada takes a broader critical perspective of our supposed epidemic Examining obesity in its cultural and historical context the book s contributors ask how we measure health and wellness where our attitudes to obesity develop from and what the consequences are of naming and targeting as obese those whose body weights do not match our expectations A broad survey of the issues surrounding the obesity panic in Canada it is the first collection of fat studies and critical obesity studies from a distinctly Canadian perspective **Runner's World**, 2006 100 Best All-Inclusive Resorts of the World Jay Paris, Carmi Zona-Paris, 2001 Today there are more than 500 resorts worldwide offering pay one price for all packages custom made for couples families and solo travelers who want the most for their vacation money The authors have traveled from New York to Katmandu to bring readers the 100 best Illustrations

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