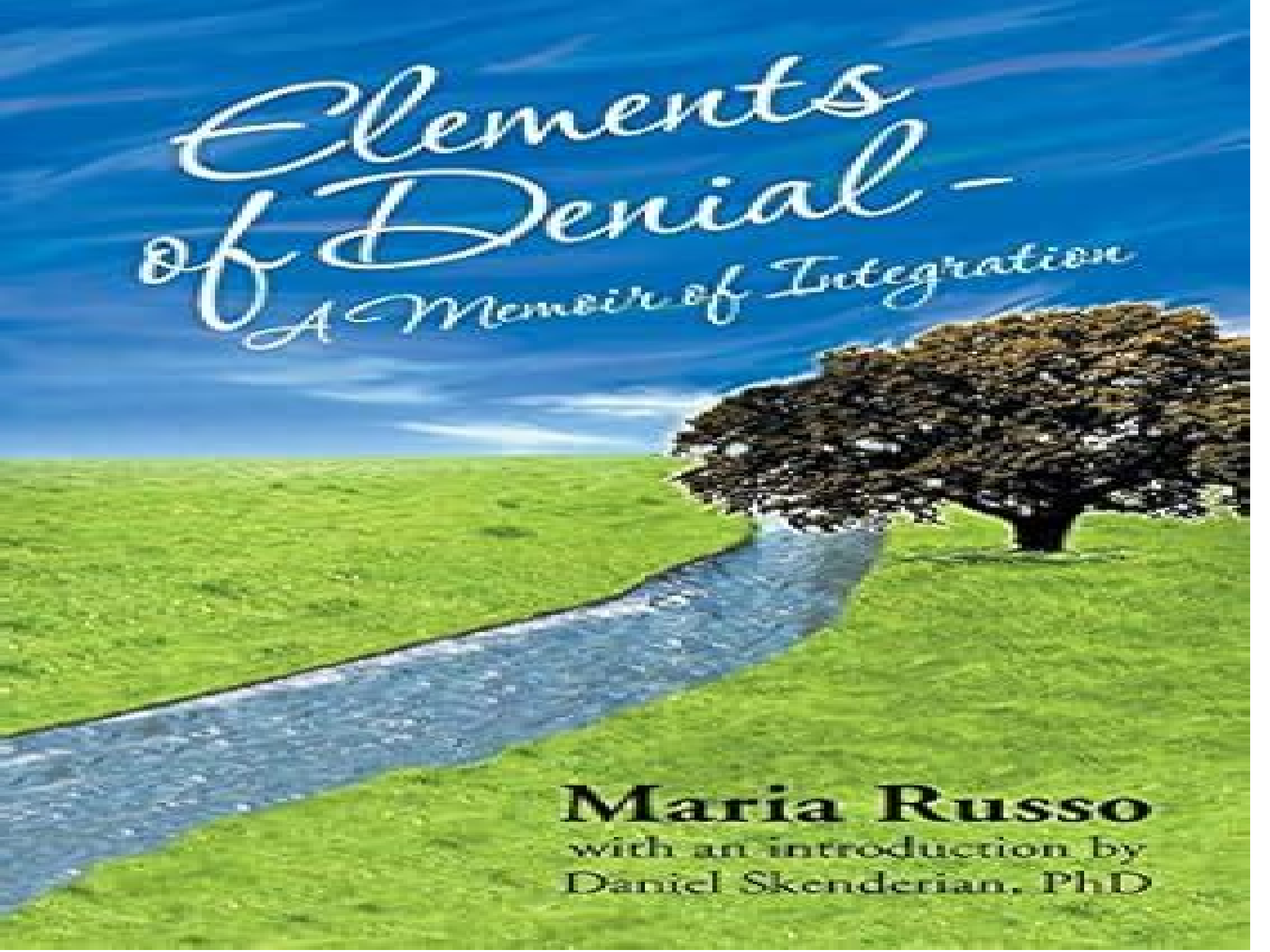


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Elements of Denial - A Memoir of Integration

Maria Russo
with an introduction by
Daniel Skenderian, PhD

Elements Denial Integration Introduction Skenderian

Maria Russo



Elements Denial Integration Introduction Skenderian:

Elements of Denial - a Memoir of Integration Maria Russo, 2015-11-30 Maria Russo is a retired Service Manager of Verizon Enterprise Solutions and is now an author of this non fiction book about her life Her goals in writing this book are to reach people who suffered from the same psychological challenges as her and the mental health industry She lived a double life or more precisely a multiple life She suffered from Dissociative Identity Disorder DID also known as Multiple Personality Disorder MPD She shares her experiences that brought her to successfully integrate all her identities personalities into a whole and dynamic woman Most books regarding this subject focus on people who do not completely integrate She wants the world to know that it is possible to integrate and stay integrated She is a delightful woman that fully enjoys life She believes she was born into her family and lived with extreme abuse in the first eleven years of her life so she could share how to successfully love yourself and the world around you Join Maria on this journey of hope and healing as she courageously shares her climb from victim to survivor in a gripping yet vulnerable portrait of her life May this book give its readers the same possibility of seeing miracles in their own lives Carol A Meier M A LPC NCC

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In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Elements Denial Integration Introduction Skenderian**," a mesmerizing literary creation penned with a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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