



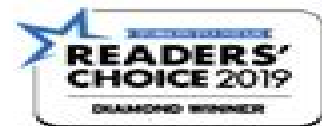
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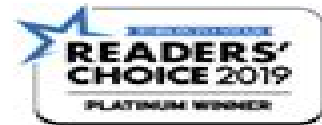
Christine Felstead

Diamond



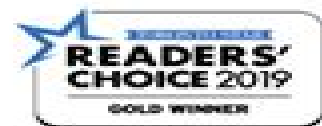
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Gold



Readers Choice Yoga Guide

R Pring



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topics such as yoga food nutrition fitness wellness travel and fashion and beauty **Yoga Journal** ,1990-09 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty **American Book Publishing Record** ,1998 *The Publishers Weekly* ,1898 **The Utne Reader** ,2000 Yoga Journal ,1992-07 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty A Systems Model for Developing a Leisure Education Program for Handicapped Children and Youth (K-12) Leisure Information Service,1976
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