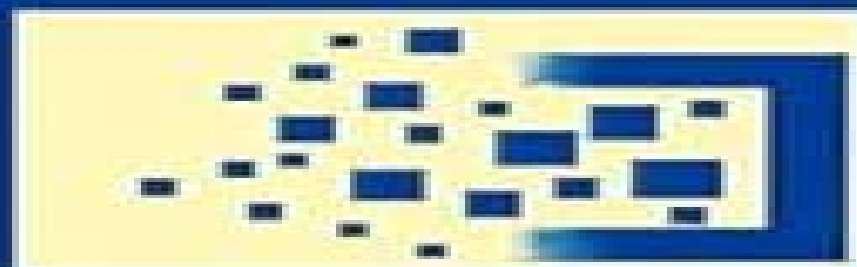


ENHANCING MOBILITY IN LATER LIFE

Personal Coping, Environmental Resources
and Technical Support.
The Out-of-Home Mobility of
Older Adults in Urban and
Rural Regions of Five European
Countries

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Mart Tacken



Enhancing Mobility In Later Life Enhancing Mobility In Later Life

SA Adler



Enhancing Mobility In Later Life Enhancing Mobility In Later Life:

Enhancing Mobility in Later Life Heidrun Mollenkopf, 2005 Outdoor mobility in old age is a complex phenomenon On the one hand it is a basic human need and means the physical ability to move On the other it means the realization of all types of trips out of doors either by foot or by means of transportation In addition societal and individual necessities modern values and economic interests mutually reinforcing each other have resulted in mobility as an ever more important precondition of ensuring the ability to lead an autonomous life and participate actively in society according to one s individual needs Mobility also promotes healthy ageing delays the onset of disabilities and postpones frailty thereby contributing to subjective well being and life satisfaction With advancing age however maintaining mobility may become jeopardized because of the increasing risk of physical and sensory impairments This book includes information on older people s actual out of home mobility on the transportation tools used the prevalence of typical problems associated with out of home mobility the impact of health social networks the home and neighbourhood environments and psychological aspects on their mobility and activities differences between urban and non urban areas and age and gender differences In addition a new model of mobility is suggested and the relation between mobility and quality of life is analysed The book concludes with implications for social and transport policies urban planning and industrial pursuits for meeting the mobility needs of ageing adults

New Perspectives and Methods in Transport and Social Exclusion Research Graham Currie, 2011-10-20

Presents findings of a successful international research project exploring links between social exclusion SE transport disadvantage TD and psychological well being WB This title examines fresh perspectives in relation to social capital and WB and developing various economic methods to estimate the marginal value of additional travel

Urban Mobilities in the Global South Tanu Priya Uteng, Karen Lucas, 2017-11-27 The book considers urban mobilities and immobilities in the Global South through an exploration of the theoretical and methodological entry points that can be used to further the agenda of transport planning Transport system improvements can and do have complex and unequal impacts on different sectors of society Conventional approaches to analysing travel demand and transport system performance developed in the Global North are typically ill equipped to identify and understand the complexities and inequities in urban areas of the Global South Using case studies from urban Africa and Asia the book addresses the need to understand the lived world of mobilities and use this knowledge to address issues that are central to our urban existence in the 21st century

Knowledge and Action

Peter Meusbürger, Benno Werlen, Laura Suarsana, 2017-01-11 This volume explores interdependencies between knowledge action and space from different interdisciplinary perspectives Some of the contributors discuss knowledge as a social construct based on collective action while others look at knowledge as an individual capacity for action The chapters contain theoretical frameworks as well as experimental outcomes Readers will gain insight into key questions such as How does knowledge function as a prerequisite for action Why are knowledge gaps growing and not diminishing in a knowledge society

How much knowledge is necessary for action How do various types of knowledge influence the steps from cognition to action How do different representations of knowledge shape action What impact have spatial conditions for the formation of knowledge What is the relationship between social and geographical space The contributors consider rationality in social and economic theories as well as in everyday life Attention is also given to action theoretic approaches and rationality from the viewpoints of psychology post structuralism and human geography making this an attractive book for students researchers and academics of various backgrounds This book is open access under a CC BY 4 0 license

Promoting Healthy Aging Across the Lifespan Elena Carrillo-Alvarez, Miriam Rodriguez-Monforte, Jordi Vilaró, Katherine Simone

McGilton, 2024-12-26 Worldwide there is a generalized trend toward aged societies Between 2015 and 2050 the proportion of the world's population over 60 years will nearly double from 12% to 22% As life expectancy continues to increase and natality rates lower not only the composition of countries will change but also its health landscape However an increased life expectancy does not necessarily mean a healthy life In most high income countries more than 20% of those years are lived in ill health due to chronic conditions caused by non communicable diseases which compromises functional ability and well being key components of healthy aging In this way not only people's lives but also societal structures are being affected Based on the life course approach to healthy aging aging starts from conception In this regard the promotion of healthy aging requires preventive strategies that enhance capacities during growth and development maintain them for as long as possible after maturity and slow down their rate of decline Moreover considering healthy aging across the lifespan entails focusing on different factors life opportunities and choices that might significantly influence health status lifestyle as well as health and social inequalities in older age and challenges the focus of most research on the topic which exclusively investigates the effect of influences operating in the later stages of life

Biomedical Index to PHS-supported Research: pt. A. Subject access A-H, 1994 *Biomedical Index to PHS-supported Research*, 1987

Aging Clinical and Experimental Research, 2007 Clinical Excerpts, 1908 Excerpts from various medical journals recommending the use of certain pharmaceutical products Journal of the American Medical Association, 1901 Kirkes' Handbook of Physiology William

Senhouse Kirkes, William Marrant Baker, Vincent Dormer Harris, 1883 **Handbook of Electro-therapeutics** Wilhelm

Erb, 1883 *Handbook of electro-therapeutics* Wilhelm Heinrich Erb, 1883 **Adult Development and Aging** Klaus

Warner Schaie, Sherry L. Willis, 1996 This comprehensive text encourages students to consider the phenomenon of adult development and aging from a behavioral point of view Schaie and Willis introduce current theory and research on the major psychological issues and provide background on the social and biological aspects of development that are essential to students understanding of behavioral age changes **Health in the Later Years** Armeda F. Ferrini, Rebecca L.

Ferrini, 1993 This text is designed for use in courses on health and aging for upper division college students Students enrolled in these courses usually come from diverse fields such as biology medicine dietetics social work psychology

sociology and recreational studies Some students are preparing to work with older people while others just wish to learn how to age successfully The text is intended to meet the needs of both groups as well as graduate students and professionals who want to continue their education in health and aging The topics addressed in this text provide a broad overview of health and aging To meet the needs of students with little health background basic health principles are included as well as their application to older people Facts are amply referenced to enable advanced students to study health issues in more depth

Preface Generations ,2006 *Medical Journal of Australia* ,1914 **The Theory and practice of massage** Beatrice M. Goodall Copestake,1920 Bulletin - Virginia Agricultural Experiment Station Virginia Agricultural Experiment Station,1926 *Bulletin* ,1927

Unveiling the Energy of Verbal Beauty: An Emotional Sojourn through **Enhancing Mobility In Later Life Enhancing Mobility In Later Life**

In a world inundated with displays and the cacophony of instantaneous connection, the profound power and psychological resonance of verbal artistry often disappear into obscurity, eclipsed by the continuous assault of noise and distractions. Yet, nestled within the lyrical pages of **Enhancing Mobility In Later Life Enhancing Mobility In Later Life**, a fascinating work of literary brilliance that impulses with fresh feelings, lies an unforgettable trip waiting to be embarked upon. Published by way of a virtuoso wordsmith, that interesting opus books viewers on a mental odyssey, gently exposing the latent potential and profound impact stuck within the complicated internet of language. Within the heart-wrenching expanse of this evocative examination, we will embark upon an introspective exploration of the book is central themes, dissect its charming writing model, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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