

GLAUCOMA

WHAT EVERY PATIENT
SHOULD KNOW



Glaucoma Center of Excellence
Advanced Eye Institute
Harvard Medical School of Boston

A GUIDE FROM
DR. HARRY QUIGLEY AND DR. MOON KALININ

Glaucoma What Every Patient Should Know A Guide From Dr Harry Quigley

Lingjun Ying



Glaucoma What Every Patient Should Know A Guide From Dr Harry Quigley:

Glaucoma Harry A. Quigley, 2011 If you or a member of your family has been told that you have glaucoma or if you have glaucoma and want to be sure that the treatment you are receiving is right for you this patient oriented guide was designed to answer the many questions you may have The guide gives authoritative answers easily understood explanations helpful suggestions and life style advice It won't matter if you are not a medical specialist since it is written in plain English Most glaucoma patients retain good vision and live a normal life The solutions given can take the stress out of dealing with glaucoma and should maximize the chance that no further injury to your ability to see will occur There is good evidence that patients who try to learn more about their medical care do better in the long run The author is Dr Harry A Quigley Director of the Glaucoma Center of Excellence of the Wilmer Ophthalmological Institute Johns Hopkins School of Medicine He has 40 years experience caring for glaucoma researching its treatments and has performed 10 000 medical and surgical procedures for this disease His 350 published papers on glaucoma represent the work that is most quoted by other eye doctors in the last 30 years He was the Editor in Chief of the premier vision research journal Investigative Ophthalmology and Visual Science No other living ophthalmologist has received the Friedenwald Award ARVO the Doyne Medal Oxford Ophthalmological Congress the Jackson Lectureship AAO and the American Glaucoma Society Lectureship The guide has quick Take Home summaries at the start of each section with the most important information For those wishing to know much more detailed explanations drawings and photographs follow The sections are designed to answer the questions that patients ask as well as the questions that they should have asked For those who know little about their glaucoma it begins with a simple introduction to the disease However those who want in depth information will find discussions of how the disease is diagnosed what the treatment options are and how to live a normal life with glaucoma There are not perfect answers to every question about glaucoma Where there is controversy the different sides of the issue are presented to help you and your doctor to make the better choice There is consideration given to alternative approaches to therapy There is no cure for glaucoma and we cannot yet restore vision once it is lost The guide presents ways to continue life at a high level whatever the stage of glaucoma

Glaucoma Mona A Kaleem, MD, Harry A Quigley, MD, 2020-09-23 If you or a member of your family has been told that you have glaucoma or if you have glaucoma and want to be sure that the treatment you are receiving is right for you this patient oriented guide was designed to answer the many questions you may have The guide gives authoritative answers easily understood explanations helpful suggestions and life style advice It won't matter if you are not a medical specialist since it is written in plain English Most glaucoma patients retain good vision and live a normal life The solutions given can take the stress out of dealing with glaucoma and should maximize the chance that no further injury to your ability to see will occur There is good evidence that patients who try to learn more about their medical care do better in the long run The authors are Dr Harry A Quigley and Dr Mona A Kaleem of the Wilmer Eye Institute at the Johns Hopkins

University School of Medicine Dr Quigley and Dr Kaleem work together at the Glaucoma Center of Excellence Both are strong patient advocates and passionate about patient education In this book they combine their many years of experience in medical practice and personal anecdotes to provide you with a complete and easy to understand narrative of all things glaucoma The guide has quick Take Home summaries at the start of each section with the most important information For those wishing to know much more detailed explanations drawings and photographs follow The sections are designed to answer the questions that patients ask as well as the questions that they should have asked For those who know little about their glaucoma it begins with a simple introduction to the disease However those who want in depth information will find discussions of how the disease is diagnosed what the treatment options are and how to live a normal life with glaucoma There are not perfect answers to every question about glaucoma Where there is controversy the different sides of the issue are presented to help you and your doctor to make the better choice There is consideration given to alternative approaches to therapy There is no cure for glaucoma and we cannot yet restore vision once it is lost The guide presents ways to continue life at a high level whatever the stage of glaucoma

Glaucoma I. Goldberg,R. Susanna Jr.,2015-06-03 Glaucoma is infamous as the sneak thief of sight the most common types give no warning they are slowly progressively destroying a person s vision Because usually the vision at first is affected to the side patients notice little if anything By the time an individual realizes something is wrong there may have been considerable damage Why write a book about it And why dedicate it to all patients with glaucoma to their relatives and friends to the general community as well as to ophthalmologists other doctors and eye health care practitioners who wish to be familiar with management of this group of diseases Undisturbed glaucoma blinds people It respects neither gender nor education it ignores wealth and privilege We have no cure for it and we cannot reverse the damage that it has caused Glaucoma affects about 2% of people over 40 years of age It is not rare It is the commonest cause of irreversible and preventable visual disability everywhere But most of the time we can control it Successful protection of vision depends in part on how much damage has been done when first detected and how aggressive the disease is for an individual patient So the earlier glaucoma is diagnosed the less damage that has been caused the better the long term outlook Early detection requires informed communities whose members seek eye examinations as well as knowledgeable and appropriately equipped eye health care professionals who recognize subtle warning signs and arrange timely ophthalmological confirmation and initiation of effective treatment This requires access to a worthwhile health system Even in developed societies about 50% of patients with glaucoma have not been diagnosed and are not on treatment Half of these undiagnosed people have been seen by an eye health care practitioner in the last two years We wish to enlighten our readers with quality information to minimise visual disability from glaucoma

Aging Well with Diabetes Bottom Line Inc.,2017-08-01 The editors of Bottom Line Inc present Aging Well with Diabetes the first book for mature men and women looking to prevent and control diabetes with insight from over 500 of the world s top health

experts Diabetes is epidemic in the United States especially if you re over the age of 50 Even if you re already being diligent about your health a diagnosis can feel like an overwhelming extra burden Aging Well with Diabetes was published to ease your anxiety and provide easy access to the trusted collection of information that Bottom Line is known for This accessible through book offers breakthroughs on a vast array of topics including Foods that fight diabetes Weight loss and exercise essentials Heart health and blood pressure secrets Natural treatments and the right tests Whether you re hoping to get better control of your diabetes or facing the first shock of a diagnosis Bottom Line is here to help you confidentially tackle diabetes Praise for Aging Well with Diabetes Instead of one or two doctors authoring this book a variety of experts contributed their wisdom which the publishers Bottom Line Inc neatly organized into a super easy to read format that pleasantly reminded me of a Reader s Digest I read over two dozen health and diabetes related books a year and this one has my attention due to how updated the information is recent science and how many treasures there are within its pages Diabetes Daily Aging Well with Diabetes will enable you to confidentially and successful deal with diabetes while living live to the fullest Midwest Book Review □□□□ □□□□ □□ □□□ □□□□□□□□□□ □□□□□ □ □□□□□ Dr Reza Rezapour,□□□ □□□□

01-06-2013,□□□□□□□□□□ ketab sherkat ketab ketab com ketab corp Glokom I. Goldberg,R. Susanna Jr.,2017-07-10 Glokom insanlar sinsi ekilde k r ediyor Bu hastal k e itim ya da cinsiyet fark g zetmedi i gibi zenginlik ve ayr cal k da tan m yor Glokom i in herhangi bir tedavi y ntemimiz yok ve elimizde yol a t zararlar geri d nd rmenin de bir yolu bulunmuyor 40 ya st ki ilerin yakla k % 2 sini etkiliyor Glokom nadir g r len bir hastal k de ildir Geri d n olmayan fakat nlenebilir g rme kayb sebeplerinin ba nda gelmektedir Yine de o u zaman onu kontrol alt na alabiliyoruz Ne kadar erken te his edilirse hastal n yarataca hasarlar bir o kadar aza indirgenmi olacakt r Toplumlar n bilgi sahibi olup d zenli g z muayenesi olmas kadar g z uzmanlar n n bilgili ve donan ml cihazlara sahip olmas erken tan sa lanabilir Bu da y ksek de erde bir sa l k sistemine ula abilmeyi gerektirir Geli mi toplumlarda dahi hastalar n yakla k sine Glokom te hisi konulamamakta ve hastalar tedavi alt na al nmamaktad r stelik te his edilememi hastalar n yar s son iki sene i erisinde bir g z doktoru taraf ndan muayene de edilmi tir Bu kitapla Glokom kaynakl g rme kay plar n en aza indirebilmek i in gerekli bilgileri vererek siz okuyucular m z ayd nlatmak arzusunday z Ivan Goldberg ve Remo Susanna Jr □□□ I. Goldberg,R. Susanna Jr,2018-03-20 Glaukoma I. Goldberg,R. Susanna Jr.,2017-05-10 Tak dapat di pungkiri Glaukoma menyebabkan kebutaan permanen pada manusia Glaukoma tidak memandang jenis kelamin maupun tinggi rendahnya edukasi Demikian pula tanpa peduli kaya atau miskin serta tanpa memandang kepada seseorang yang disegani atau tidak Sampai saat ini kita belum memiliki obat untuk penyakit glaukoma dan kita tidak dapat mengembalikan kerusakan yang telah diakibatkannya Glaukoma mempengaruhi sekitar 2% dari orang diatas usia 40 tahun Kondisi tersebut menjadi penyebab terjadinya cacat penglihatan yang permanen namun kecacatan penglihatan tersebut dapat dicegah Sampai saat ini dokter dapat mengendalikannya apabila diketemukan penyakit glaukoma disaat stadium dini Semakin cepat glaukoma terdiagnosis maka semakin sedikit kerusakan saraf mata yang akan terjadi dan

memungkinkan dapat mempertahankan penglihatan seseorang dalam jangka panjang Dengan dilakukan penyuluhan serta edukasi tanpa lelah di dalam komunitas masyarakat deteksi dini akan dapat terwujud dan tentunya dibantu oleh tenaga kesehatan yang mumpuni serta dilengkapi alat yang memadai Pemeriksaan mata masyarakat secara berkala terutama bagi seseorang yang mempunyai riwayat keluarga penyakit glaukoma merupakan suatu keharusan Bahkan dalam masyarakat Indonesia banyak pasien dengan glaukoma yang belum terdiagnosis serta tidak mendapatkan pengobatan Walaupun dari pasien pasien tersebut sudah bertemu dengan praktisi kesehatan mata namun seringkali tidak terdiagnosis dan tidak tertangani dengan baik Dengan buku ini kami berharap kepada pembaca agar dapat memberikan pencerahan karena berisi informasi berkualitas agar dapat meminimalisasi kecacatan penglihatan akibat penyakit glaukoma

A Study Guide for Glaucoma M. Bruce Shields,1982 *The Guide to Medical Organizations and Agencies* ,2000 Books in Print Supplement ,2002 **The Glaucoma Guidebook** Constance Okeke,2023-01-03 Dr Okeke provides a concise guide for readers about glaucoma an eye disorder that leads to optic nerve damage vision loss and blindness She explains key terms used by doctors to talk about testing and treatment options and provides guidance for readers on how they can take care of their vision as well as their overall health **Benn's Media** ,2004 *Glaucoma* Josef Flammer,2003 Provides a better understanding to patients their families and caregivers a better understanding of the clinical picture of glaucoma *Glaucoma-Patient to Patient--A Coping Guide for You and Your Family* Edith Marks,2010-03-30 The facts Upwards of 65 million people worldwide suffer from glaucoma Its the second most prevalent yet preventable cause of blindness It knows no age race or locationno one is immune What you dont know can blind you but what you do know can save your sight Those of us in the field of eye care recognize that many of the subjects so masterfully handled by Edith are never discussed in routine doctor visits Having a book like this as a reference provides answers to many questions and even suggests lists of questions to ask As a firm believer that each of us has the primary responsibility for our own health care I appreciate the advice and encouragement Edith provides Thomas M Brunner President and CEO Glaucoma Research Foundation Inside youll learn The specific characteristics and issues associated with various types of glaucoma and what to expect from each Common mistakes glaucoma doctors and patients make that can have a lifelong impact on your sightand strategies for avoiding them Insights into the pros cons and overall risks associated with the wide range of treatments available plus guidance on deciding which treatment might be best for you How to confidently confront the concerns many glaucoma patients struggle with Proven step by step strategies glaucoma patients can use for controlling and countering stressand much more On behalf of the entire family of The Glaucoma Foundation it is an honor and pleasure to congratulate Edith Marks a collaborator partner and true friend of ours on a monumental achievement This updated and expanded version of her earlier book is sure to be a gift to the glaucoma community and be enthusiastically used by those who suffer from these insidious diseases we all call glaucoma Scott Christenson CEO The Glaucoma Foundation *A Patient's Guide to Glaucoma* Young H. Kwon,John H. Fingert,Emily

C. Greenlee, 2008-04 The Patient's Guide to Glaucoma is a very useful educational resource. The authors have done an excellent job of covering the pertinent aspects of glaucoma from the patient's perspective. It provides more complete explanations of aspects of glaucoma care than any other presently available resource. It will be very helpful to patients who want more information about medications, laser trabeculectomy, tube shunt surgery, and many other subjects. John S. Cohen MD, Director, Glaucoma Service, Cincinnati Eye Institute, Volunteer Clinical Professor, University of Cincinnati. Drs. Kwon Greenlee and Fingert are to be congratulated for creating this outstanding educational program on glaucoma. These materials provide an excellent overview of the disease and its treatment. The guide can be read in its entirety or searched to answer specific questions. It is aimed at the intelligent patient seeking to understand his or her disease. The ophthalmologist's best ally in battling glaucoma is a well-informed patient, and this guide will serve to develop patients who truly understand their disease. W. L. M. Alward MD, The Frederick C. Blodi Chair in Ophthalmology, Professor of Ophthalmology, Vice Chair, Dept. of Ophthalmology, Visual Sciences, University of Iowa.

Fighting Glaucoma Ivan Goldberg, Nahum Goldmann, 2018-04-24

The long-term challenges faced by people with glaucoma are numerous and important. With such a diagnosis, you have to balance many life demands of which eye treatments are essential but by no means alone. After all, you are not living to treat glaucoma; you are living a full life into which the treatment of your condition is an intrusion. Several books written for patients describe what glaucoma is, how it is being treated, and the state of glaucoma research. We are unaware of a book on how to live with the glaucomas covering practical challenges frequently faced by those with glaucoma who wish to minimize risk of visual disability or even blindness. This handbook has been written by an unlikely combination of a physician and a patient. Ivan Goldberg is a world-recognized expert in glaucoma treatment. Nahum Goldmann is an experienced high-tech executive, university professor, and information scientist. What united us in writing this book is a desire to help people with glaucoma in a practical way. Treatment of any chronic and serious medical condition is likely to be affected by many other factors such as money, the wellbeing of your family, your general health, other calls on your time, fitness, and lifestyle, housing, your work commitments, and perhaps supporting family members to name just a few. You could use this handbook as an everyday reference or as a guide to your glaucoma treatment. We hope you will find it worthwhile to formulate better the reasons for your actions and for your sometimes complicated choices. We try to address specific issues and anxieties that people with glaucoma might face daily, whether large or small. We aim to guide newly diagnosed individuals, their family, and friends on what is best to do and why. This handbook's focus is on the step-by-step actions that you, as well as supporting relatives and friends, can take to improve your current situation and outlook. We try to guide you where to find additional help to understand better your condition and your prospects. We hope health professionals who help people with glaucoma also find this book useful. A digital version of this handbook could be read using computerized gadgets for visually impaired. It could also be computer translated on the fly to various other languages and without cost, thus reaching the worldwide majority of

glaucoma patients who do not read English To those who would like to learn more about background science and numerous illustrations we recommend a companion book by one of our co authors Glaucoma How to save your sight by I Goldberg and R Susanna Jr Kugler Publications 2015 A Patient's Guide To Glaucoma And Glaucoma Treatment Dr Gerard Chuah, Glaucoma is associated with a buildup of pressure within the eyes which causes the damage to the optic nerves Vision gets worse over time resulting in gradual loss of sight Although glaucoma cannot be cured it can be controlled with treatments Glaucoma accounts for 40% of blindness in Singapore This book is written by Dr Gerard Chuah a leading eye surgeon in Asia and also the Medical Director of the Asian Diabetic and Retinal Disease Center and his team of doctors The book wonderfully summarized the symptoms and treatments options of glaucoma **The Pocket Guide to Glaucoma** Joseph Panarelli, Davinder Grover, Arsham Sheybani, 2024-06-01 The Pocket Guide to Glaucoma provides essential information on glaucoma for medical students residents fellows and general ophthalmologists Drs Joseph F Panarelli Davinder Grover Arsham Sheybani and colleagues have designed this book as the ultimate quick read manual on glaucoma using a conversational tone that allows readers to retain information in the most effective manner Medical students residents and fellows can use this accessible high yield handbook during their rotations to familiarize themselves with the essentials on glaucoma while general ophthalmologists will be glad to have it as a quick reference guide to current best practices Each chapter in The Pocket Guide to Glaucoma is arranged in short easy to read sections and is accompanied by numerous color photographs to aid in recognition and retention Among the topics covered Optic nerve head imaging Laser procedures for glaucoma Medical therapy for glaucoma Microinvasive glaucoma surgery Traditional glaucoma surgery pearls and pitfalls Landmark glaucoma trials Eye care providers at all skill levels will benefit from the high yield quick access information contained in The Pocket Guide to Glaucoma whether they are preparing for their first surgeries or are longtime physicians Care of the Patient with Primary Angle Closure Glaucoma American Optometric Association. Consensus Panel on Care of the Patient with Primary Angle Closure Glaucoma, 1994

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Glaucoma What Every Patient Should Know A Guide From Dr Harry Quigley Introduction

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