

EMDR Y DISOCIACIÓN

EL ABORDAJE PROGRESIVO

¿Y qué hago cuando no me funciona el protocolo?

Vaya, siento curiosidad por este tema

Parece que todos los pacientes con trauma grave se ponen de acuerdo para venir a mi consulta, me va a venir bien este libro

¿Dónde narices se esconden los casos de trauma simple?

Esto de trabajar con EMDR en disociación es muy complicado, siempre se los mando a otro colega, pero quizás podría...

Y si con el lugar seguro y la instalación de recursos no se estabilizan ¿qué hago con los pacientes?

Anabel González & Dolores Mosquera

Emdr Y Disociacion El Abordaje Progresivo

Jose Luis Gonzalo



Emdr Y Disociacion El Abordaje Progresivo:

EMDR y disociación : el abordaje progresivo Anabel González Vázquez,Dolores Mosquera Barral,2012-06

Dissociation in Traumatized Children and Adolescents Sandra Wieland,2015-03-27 Dissociation in Traumatized Children and Adolescents presents a series of unique and compelling case studies written by some of the foremost international experts in the study of dissociation in young people In the new edition chapters have been updated to include discussion of the most recent findings in trauma and neuroscience as well as Joyanna Silberg s popular affect avoidance model In addition Sandra Wieland s incisive commentaries on each case study have been updated Each chapter presents a detailed narrative of a therapist s work with a child or adolescent interspersed with the therapist s own thought process and every therapist explains the theory and research behind her clinical decisions The case studies present many aspects of working with traumatized children attachment work trauma processing work with the family interactions with the community psychoeducation related to dissociation and encouragement of communication between the dissociated parts and provide a frank analysis of the difficulties clinicians encounter in various therapeutic situations While the book is exceptional in its clear and detailed descriptions of theory related to dissociation in children most importantly it illustrates how theory can be translated into successful therapeutic interactions

Sandtray Applications to Trauma Therapy José Luis Gonzalo Marrodán,Rafael Benito Moraga,2023-08-28 Sandtray Applications to Trauma Therapy presents the theory behind and the practicalities of using sandtray therapy in treatment with traumatized patients both children and adults The book begins with a review of the most frequently asked questions that professionals ask themselves when using the sandtray It then details the Barudy and Dantagnan model of trauma therapy to understand and integrate sandtray therapy with patients who have suffered trauma Chapters describe the importance of neuroaffective communication directive and non directive working methodologies and how to use the technique in regulation empowerment and resilient integration of trauma A featured chapter by the second author Dr Raffael Benito presents the neurobiology behind sandtray therapy outlining step by step what happens in the brain of a patient during a sandtray session Transcripts of clinical cases sandtray images and true client stories are integrated throughout This practical volume will appeal to sandtray practitioners trauma therapists psychologists and psychiatrists working with patient experiences of abandonment mistreatment or sexual abuse among others

Vincúlate. Relaciones reparadoras del vínculo en los niños adoptados y acogidos José Luis Gonzalo Marrodán,2015-10-23 Existen muchos libros que exponen la teoría del apego como uno de los marcos conceptuales más completos a la hora de explicar el desarrollo humano pero a juicio del autor son pocos los que se plantean acercar estos conocimientos a las familias adoptivas y acogedoras que con frecuencia tienen hijos y niños con apegos disfuncionales y en ocasiones con trastorno del apego Vincúlate ofrece a los profesionales que trabajan en la protección de la infancia y a los maestros una inestimable ayuda en cuanto a tipologías del apego instrumentos de evaluación y cómo relacionarse con los

menores adoptados y acogidos una población que suele presentar necesidades psicoeducativas específicas Esta obra explica los fundamentos básicos de la teoría del apego aplicando los conocimientos acumulados de múltiples autores al ámbito de la adopción y el acogimiento subrayando la trascendencia que tienen los primeros años de vida en el desarrollo de la mente humana Se exponen cuáles son las manifestaciones de los distintos tipos de apego disfuncionales que los niños o adolescentes adoptados o acogidos pueden mostrar para a continuación describir desde la experiencia clínica del autor cómo pueden las familias y los maestros relacionarse con ellos en función del tipo de problemas o alteraciones en la vinculación que presenten y contribuir así a su sanación y reparación Vinculante se completa con unas recomendaciones en cuanto al tipo de psicoterapia que el autor considera adecuada para los menores adoptados o acogidos Con un estilo ameno buscando la complicidad con el lector Vinculante está salpicado de historias de vida que ayudan a comprender los contenidos y las pautas de intervención y de propuestas de actividades prácticas como ejercicios y vídeos que enriquecen la obra Jos Luis Gonzalo Marrodón San Sebastián Donostia 1967 Psicólogo Especialista en Psicología Clínica Psicoterapeuta por la EFPA Diplomado en psicoterapia infantil por el IFIV de Barcelona dirigido por Barudy y Dantagnan Formación en EMDR adultos nivel II y EMDR niños y adolescentes nivel I Trabaja en su consulta privada realizando tratamiento psicoterapéutico a niños adolescentes y adultos Desde 1999 su campo de interés profesional se centra en la psicoterapia basada en el apego y en la traumaterapia con niños y jóvenes adoptados y acogidos Combina su actividad como psicoterapeuta con la de formador de profesionales y familias Es autor del blog www.buenostratos.com

Una nueva vida florece. La historia resiliente de mi adopción Jose Luis Gonzalo, 2021-03-30 La historia que este libro cuenta está escrita y urdida por muchas manos las de Janire su madre adoptiva Miren y los profesionales destacados que las han acompañado Este relato muestra que es posible la superación de las heridas y los traumas sufridos en la niñez El hecho de que Janire pueda contar y compartir su historia testimonia su valentía motor de lo que hoy se conoce como resiliencia la que traducimos a los niños y adolescentes usando un lenguaje sencillo para ellos como esa fuerza que motiva a hacer las cosas bien después de haberlo pasado tan mal A través de las páginas de este libro Janire narra el inicio de su vida en medio de un contexto de adversidad sus vivencias de sufrimiento y dolor pero sobre todo su tenacidad para superarse Janire da también gracias a la vida por el encuentro con sus terapeutas que con una visión rompedora apoyaron sus recursos a través de la Traumaterapia Sistémica un acompañamiento cercano continuado en el tiempo y coordinado entre los profesionales implicados y comprometidos con Janire y Miren La experiencia de ser vista y sentida desde su red de apoyo junto a su madre adoptiva es lo que sin duda ha hecho posible que Janire espante la soledad el miedo y la vergüenza y a la vez le ha permitido saborear y apreciar todo lo bueno que la vida ofrece Este es un libro para sentir aprender y nutrirse de confianza En otras palabras una historia realista y esperanzadora de resiliencia Gracias Janire y Miren porque vuestra perseverancia es contagiosa Gracias Jos Luis Gonzalo Cristina Herce y Carmen Ortiz de Zárate por enseñar y compartir vuestro buen hacer Jorge Barudy psiquiatra y Maryorie Dantagnan psicóloga Directores del posgrado en

Traumaterapia Sistémica y de la Red Apega de profesionales **No Soy Yo** Anabel Gonzalez, 2017-09-09 Los aspectos de nuestra personalidad que rechazamos nos cuentan una historia muy importante La forma en la que definimos quienes somos nuestra identidad se configura en base a las relaciones significativas de nuestra vida Cuando en nuestra historia ha habido relaciones complejas con nuestros padres parejas o figuras significativas puede cambiar de modo muy profundo la forma en la que nos vemos a nosotros mismos Nuestra mente se fragmenta y se genera en nuestro interior un profundo conflicto que a veces consume gran parte de nuestra energía y que nos impide vivir una vida plenamente satisfactoria En este libro orientado a pacientes y familiares de personas que han sufrido situaciones adversas encajables en lo que se denomina trauma complejo se exponen algunos de los problemas psicológicos que estas situaciones pueden generar Basado en el trabajo con pacientes con trauma y problemas de apego se exponen distintas ideas para superar los patrones postraumáticos disfuncionales **Trauma y EMDR** Diana Arazi, 2004

Decoding **Emdr Y Disociacion El Abordaje Progresivo**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Emdr Y Disociacion El Abordaje Progresivo**," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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