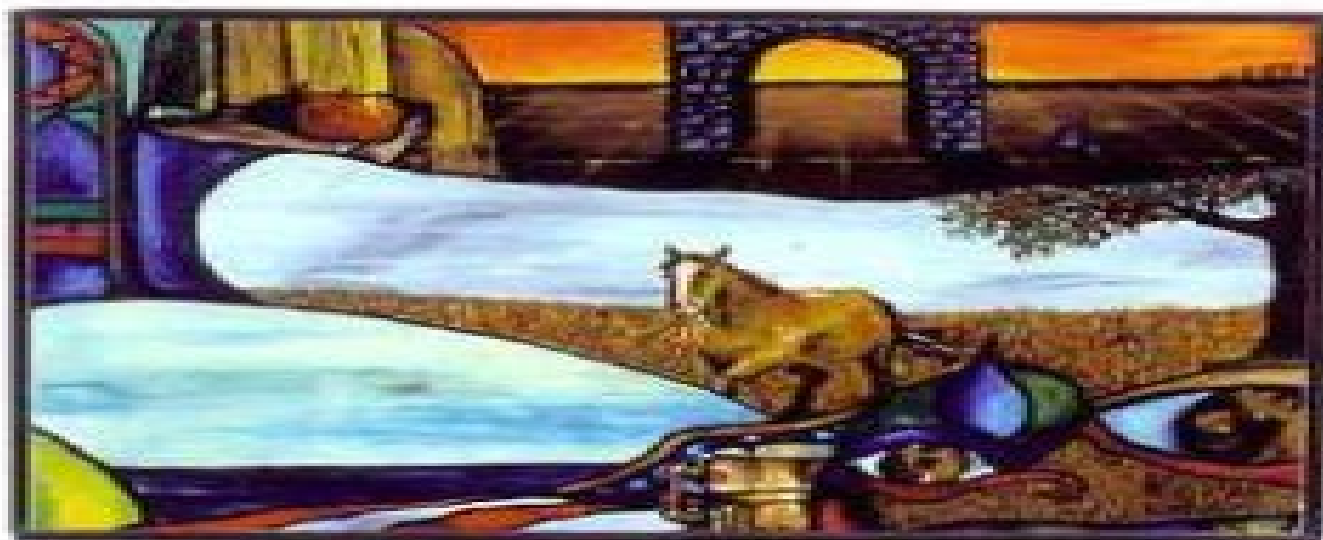


Second Edition

EXISTENTIAL ART THERAPY

The Canvas Mirror

BRUCE L. MOON



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Springfield - Illinois - U.S.A.

Existential Art Therapy The Canvas Mirror

Bruce L. Moon



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INTRODUCTION TO ART THERAPY Bruce L. Moon, 2016-12-02 In order to practice art therapy one must have faith in the healing qualities of art processes and products *Introduction to Art Therapy* Faith in the Product begins and ends with references to love and faith including characteristic elements of the writing process and clinical art therapy endeavors This third edition represents a thorough revision of ideas expressed in the previous two editions presenting the major themes and issues of the profession in light of the experiences of intervening years Art therapy is effective with individuals families and groups and it works well with the intellectually gifted and the learning impaired It can also be used with the chronically mentally ill the terminally ill the vision impaired and the deaf Art therapy is particularly effective with post traumatic stress disorder from the aftereffects of war including physical sexual or emotional abuse Enhancements in this text include an overview of the spectrum of theoretical orientations within art therapy a brief history of practice in the United States fundamental principles of art therapy curative aspects of art therapy and metaverbal therapy The author underscores the nature of the work describes truths and fictions explores pathos or pathology and the therapeutic self The text examines the social responsibility of art therapists and their colleagues to record events give form to culture nurture imagination and promote individual and social transformation In addition the author presents exceptional case examples including client prepared artwork that highlights the text This book will be an inspiration to serious artists that want to be involved in art therapy and to the veteran art therapists to renew their vocations

by living the process of art therapy This comprehensive and insightful book will be valuable to art therapists medical and mental health professionals occupational therapists and other rehabilitation professionals that aspire to become more effective in reaching others

ART-BASED GROUP THERAPY Bruce L. Moon, 2016-05-09 Leading art therapy groups is often a challenge but as Bruce Moon so eloquently describes in this new second edition making art in the context of others is an incredibly and almost inexplicably powerful experience By placing the art at the center of practice Art Based Group Therapy creates an explanatory model and rationale for group practice that is rooted in art therapy theory and identity There are four primary goals discussed in this text First an overview of essential therapeutic elements of art based group work is provided Second a number of case vignettes that illustrate how therapeutic elements are enacted in practice are presented Third the author clearly differentiates art based group therapy theory from traditional group psychotherapy theory Fourth the aspects of art based group work and their advantages unique to art therapy are explored Art based group processes can be used to enhance participants sense of community and augment educational endeavors promote wellness prevent emotional difficulties and treat psychological behavioral problems Artistic activity is used in art based groups processes to 1 create self expression and to recognize the things group members have in common with one another 2 develop awareness of the universal aspects of their difficulties as a means to identify and resolve interpersonal conflicts 3 increase self worth and alter self concepts 4 respond to others and express compassion for one another and 5 clarify feelings and values Through the author's effective use of storytelling the reader encounters the group art therapy experience transcending the case vignette and didactic instruction Art based group therapy can help group members achieve nearly any desired outcome and or address a wide range of therapeutic objectives The book will be of benefit to students practitioners and educators alike Using it as a guide art therapy students may be more empowered to enter into the uncertain terrains of their practice grounded in a theory soundly based in their area of study Practitioners will no doubt be encouraged validated and inspired to continue their work The author succeeds in establishing a framework that allows art therapists to communicate the value of their work in a language that is unique to art therapy

The Role of Metaphor in Art Therapy Bruce Moon, 2007 Pragmatic and poetic this book is a tribute to the complexities and mysteries of working with people who are suffering and striving to tell their stories through expressive artistic processes Its roots lay deep in encounters with children adolescents and adults who have come to the author for help over the last three decades It is grounded in interactions with graduate art therapy students and encounters with important themes in life This book makes no effort to affix particular meanings to the metaphors discussed in the clinical vignettes but rather suggests ways to listen and respond

Ethical Issues in Art Therapy (4th Edition) Bruce L. Moon, Emily Goldstein Nolan, 2019-10-09 The real world of professional ethics in art therapy is more times than not a spectrum of shades of gray In this exceptional new fourth edition the authors raise questions and provide information related to the many ethical dilemmas art therapists face Several chapters refer to the Ethical Principles for Art Therapists and Code

of Professional Practice of the Art Therapy Credentials Board Changes that were made to the AATA Ethics Document in 2013 are discussed Models of how to think through and resolve the difficult ethical problems art therapists encounter during their professional lives are presented A chapter discussing burnout and compassion fatigue costs of caring provides an understanding of the responsibility that systems hold in supporting therapists and clients Within each chapter there are dilemma laden vignettes intended to stimulate reflection and discussion Most chapters include a series of questions pertaining to practical applications aimed at helping to review the material formulate and clarify positions on key issues Also included are suggested artistic tasks intended to help the reader engage with topics in meta cognitive kinetic visual and sensory methods Compelling illustrations throughout the text are provided as examples of creative responses to the artistic tasks In addition informational topics dealing with ethical violations rights of artworks marketing advertising and publicity are explored The importance of multicultural approaches is expanded with the discussion that competence is a baseline for practice as an art therapist Significant updates were made to the chapter that explores art therapy in the digital age The appendices contain ethics documents of the British Association of Art Therapists for comparison This unique book is designed for art therapy students art therapists expressive arts therapy professionals and will be a useful and supplemental textbook for art therapy courses dealing with professional ethics and supervision art therapy theory and practice Introduction to Art Therapy Bruce L. Moon, 2008 The goal of art therapy is to get beneath the surface of things and once there to use a gentle nudge to brush away the emotional debris of life and make room for more living The revisions in this new edition of Introduction to Art Therapy further amplifies the impact of the original book touching the major themes and issues of the profession Art therapy is effective with individuals families and groups and it works well with the intellectually gifted and the learning impaired It can also be used with the chronically mentally ill the terminally ill the vision impaired and the deaf Ar Art Therapy ,2004 Review of Existential Psychology and Psychiatry ,2001 Clinician's Complete Reference to Complementary/alternative Medicine Don Novey, 2000 The increasing popularity of alternative medical practices is changing the way that patients and doctors approach treatment options making it vital that every clinician have access to reliable information on complementary and alternative therapies The CLINICIAN S COMPLETE REFERENCE TO COMPLEMENTARY AND ALTERNATIVE MEDICINE presents clear and factual discussions of these therapies with the traditional health care practitioner in mind *The Creative Use of Music in Group Therapy* Tom Plach, 1996 **Cross-cultural Practice** Karen V. Harper-Dorton, 1996 Papers from the 1993 Human Service Information Technology Applications conference held in Maastricht The Netherlands offer a worldwide perspective on information technology and the quality of life and services with contributions from countries including India Israel and the Czech Republic describing the development of access to electronic networks through various educational and human service projects For professionals academics and students in human services and social work Annotation copyright by Book News Inc Portland OR *Journal of Physical Education*,

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